

Dish	Cereals containing Gluten	Milk	Nuts	Peanuts	Lentils	Eggs	Fish	Molluscs	Crustaceans
<b>Whilst this is a comprehensive list of any allergens contained in our raw ingredients, we are unable to guarantee that items which are produced in factories are</b>									
<b>Meat Dishes</b>									
Roast chicken									
Roast turkey									
Roast Pork									
Sticky chicken drumsticks									
Pork Sausages	X								
Popcorn salmon	X					X	X		
Breaded fish fingers	X					X	X		
Chicken Katsu Curry	X					X			
Beef and pork lasagne	X	X			X				
Beef burger	X								
Fish Tacos	X						X		
<b>Vegetarian</b>									
Roast vegetable loaf	X	X			X	X			
Veggie Sausages	X	X				X			
Vegetable burger	X					X			
Potato and parsley Gnocchi	X	X				X			
Summer pasta with basil, tomatoes, onions and cheese	X	X							
Roast vegetable tacos	X								
Vegetable spring rolls with sticky sauce	X					X			
Mac n cheese	X	X				X			
Butternut Squash Falafel		X							
Vegetable lasagne	X	X			X				
Popcorn cauliflower with white bean puree	X					X			
Roasted pepper and Mozzarella Arancini Balls	X	X				X			
Pasta with homemade tomato sauce with cheese	X	X			X				
Mixed pepper and kidney bean Quesadillas	X	X							
Tofu Katsu curry	X	X				X			

<b>Side Dishes</b>									
Rice									
Gravy									
Garlic bread	X	X				X			
Sliders	X	X							
Mexican sweetcorn salsa									
Garlic and mint yoghurt		X							
Couscous	X								
Carrot and raisin salad									
Tortilla wrap	X								
Vegetable noodles	X					X			
Roast potatoes									
Mashed Potato		X							
Chips									
potato croquettes	X								
Potato wedges									
Seasonal Vegetables									
Ketchup									
Peas									
Green Beans									
Cucumber									
Crudites									
<b>Desserts</b>									
Carrot cake	X	X				X			
Apricot Flapjack	X	X				X			
Chocolate and raspberry brownie	X	X				X			
Oat and orange cookie	X	X				X			
Crumble Fruit Slice	X	X							
Black Cherry yoghurt cake	X	X				X			
Fruit jelly (VEGETARIAN VERSION AVAILABLE)									
Lemon Shortbread	X	X							
Rice Crispie Cakes		X							

Soya	Sesame	Mustard	Celery	Lupin	Sulphites > 10ppm	Vegetarian	Vegan
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are completely nut free as nuts may be prepared on their premises, eg. flour, egg noodles.

					X		
			X		X		
					X		
					X	X	
						X	
						X	
						X	
						X	
						X	
MC					MC	X	
						X	X
			X		X	X	
					X	X	
						X	
					X	X	
						X	





















